**New Application: Obesity Medicine/Bariatric Medicine**

**(Family Medicine, Internal Medicine, Pediatrics)**

401 North Michigan Avenue · Chicago, Illinois 60611 · United States · +1.312.755.7042 www.acgme-i.org

**Submission for Initial Accreditation:** This Advanced Specialty Application is for programs applying for **Initial Accreditation ONLY** and is used in conjunction with the Accreditation Data System (ADS).

All sections of the form applicable to the program must be completed for it to be accepted for review. The information provided should describe the existing program. For items that do not apply, indicate “N/A” in the space provided. Where patient numbers are requested, provide exact numbers as requested and indicate the exact dates for the data entered. If any requested information is unavailable, an explanation must be given, and it should also be indicated as unavailable in the appropriate place on the form. Once the form is complete, number the pages sequentially in the bottom center.

The program director is responsible for the accuracy of the information supplied in this form, and must sign it. It must also be signed by the designated institutional official (DIO) of the Sponsoring Institution, who will submit the application electronically in ADS.

Review the International Foundational Program Requirements for Graduate Medical Education and Advanced Specialty Program Requirements for Graduate Medical Education in Obesity Medicine/Bariatric Medicine. The International Foundational, Advanced Specialty, and Institutional Requirements may be downloaded from the ACGME International website: [www.acgme-i.org](http://www.acgme-i.org/).

Email questions regarding the form’s content to acgme-i@acgme-i.org.

Email questions regarding ADS to ADS@acgme.org (type the program number in the subject line).

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| Program Name:Click here to enter text. |

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**Introduction**

**Duration and Scope of Education**

|  |
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| * + - 1. What will be the length, in months, of the educational program?

Choose an item.**Institution****Sponsoring Institution** |

1. Will the obesity medicine/bariatric medicine fellowship function as an integral part of an ACGME-I-accredited residency in family medicine, internal medicine or pediatrics? [ ] YES [ ] NO

Explain if ‘NO.’ (Limit 250 words) For information on independent subspecialty status, email acgme-i@acgme-i.org.

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**Program Personnel and Resources**

**Program Director**

1. Describe how the program will ensure that the program director has at least three years of experience as a clinical and/or teacher in obesity medicine/bariatric medicine and a record of ongoing involvement in scholarly activities in the field. (Limit 250 words)

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**Faculty**

1. Describe how the program will ensure there are two core faculty members, including the program director, who have at least three years of experience in obesity medicine/bariatric medicine. (Limit 250 words)

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1. ​Complete the table to indicate the faculty members with expertise in each specified area.​

|  |  |
| --- | --- |
| Practice Area  | Faculty Member(s) Name(s)  |
| Adult obesity |   |
|   |
|   |
|   |
| Bariatric and metabolic surgery |   |
|   |
|   |
|   |
| Cardiology |   |
|   |
|   |
|   |
| Endocrinology |   |
|   |
|   |
|   |
| Gastroenterology and hepatology |   |
|   |
|   |
|   |
| Pediatric obesity |  |
|  |
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|  |
| Sleep medicine |  |
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​​List any faculty members not included in the table above, as well as their specialty.

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**Other Program Personnel**

* + - 1. Will fellows have regular interaction with the following personnel?
1. Mental health professionals, such as psychologists or social workers [ ] YES [ ] NO
2. Nurses [ ] YES [ ] NO
3. Nutrition professionals, such as dietitians [ ] YES [ ] NO
4. Pharmacy professionals [ ] YES [ ] NO
5. Physical activity professionals, such as exercise physiologists, occupational therapists, or physical therapists [ ] YES [ ] NO

Explain any ‘NO’ response(s). (Limit 250 words)

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**Resources**

1. Will the following clinical resources and services be available to fellows?
2. Adequate outpatient clinical space to deliver longitudinal care [ ] YES [ ] NO
3. Body composition analysis [ ] YES [ ] NO
4. Comprehensive laboratory [ ] YES [ ] NO
5. Imaging services [ ] YES [ ] NO
6. Indirect calorimetry [ ] YES [ ] NO
7. Multidisciplinary specialized obesity clinic [ ] YES [ ] NO
8. Pathology services [ ] YES [ ] NO

Explain any ‘NO’ response(s). (Limit 250 words)

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1. Will the following appropriately sized equipment be available to accommodate routine care for patients with pre-obesity (patients who are overweight) and obesity?
	1. Chairs [ ] YES [ ] NO
2. Exam tables [ ] YES [ ] NO
3. Scales [ ] YES [ ] NO
4. Sphygmomanometers with large circumference cuffs [ ] YES [ ] NO

Explain any ‘NO’ response(s). (Limit 250 words)

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1. Describe how the program will ensure there are an adequate number and variety of patients who have pre-obesity (overweight) or obesity, ranging across all stages of life, to provide a broad experience for fellows. (Limit 300 words)

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1. Is there a bariatric and metabolic surgery service that performs bariatric surgery on a wide range of patients? [ ] YES [ ] NO

Explain if ‘NO.’ (Limit 250 words)

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If ‘YES,’ are the following surgical procedures performed?

1. Roux-en-Y gastric bypass [ ] YES [ ] NO
2. Sleeve gastrectomy [ ] YES [ ] NO

Explain any ‘NO’ response(s). (Limit 250 words)

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**Fellow Appointment**

**Eligibility Criteria**

1. How will the program ensure that, prior to appointment, fellows have completed an ACGME-I-accredited family medicine, internal medicine, or pediatrics residency program or a family medicine, internal medicine, or pediatrics program that is acceptable to the Sponsoring Institution’s Graduate Medical Education Committee? (Limit 250 words)

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**Specialty-Specific Educational Program**

**ACGME-I Competencies**

**Professionalism**

1. How will graduating fellows demonstrate a commitment to fulfilling their professional responsibilities and adhering to ethical principles?

Describe how this will be evaluated. (Limit 300 words)

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1. How will graduating fellows demonstrate ethical behavior and integrity when counseling patients who have pre-obesity (overweight) and obesity as well as their families.

Describe how this will be evaluated. (Limit 300 words)

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1. How will graduating fellows demonstrate compassion and respect toward all patients who have pre-obesity (overweight) or obesity and their families.

Describe how this will be evaluated. (Limit 300 words)

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**Patient Care and Procedural Skills**

1. How will graduating fellows demonstrate competence in their ability to provide patient care that is compassionate, appropriate, and effective for the treatment of health problems and the promotion of health?

Describe how competence will be evaluated. (Limit 300 words)

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1. How will graduating fellows demonstrate competence in the following?
2. Applying clinical reasoning skills during the evaluation of patients
3. Eliciting a comprehensive obesity-focused history
4. Performing a comprehensive physical examination for assessment of obesity
5. Using evidence-based models of health behavior change to assess patients’ readiness for change

Provide examples of how competence will be assessed in two of the four areas listed. (Limit 250 words)

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1. How will graduating fellows demonstrate competence in incorporating values and preferences and engaging patients and their support systems in shared decision-making in the development of an obesity management plan?

Describe how competence will be evaluated. (Limit 400 words)

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1. How will graduating fellows demonstrate competence in the use of laboratory evaluation for screening, diagnosis, and monitoring response to diagnosis and treatment of obesity-related conditions?

Describe how competence will be evaluated. (Limit 400 words)

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1. How will graduating fellows demonstrate competence in the use of radiological and other diagnostic procedures to screen, diagnose, and monitor response to treatment of obesity-related conditions?

Describe how competence will be evaluated. (Limit 400 words)

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**Medical Knowledge**

* + - 1. How will graduating fellows demonstrate knowledge of established and evolving biomedical, clinical, epidemiological, and social-behavioral sciences, as well as the application of this knowledge to patient care?

Describe how knowledge will be evaluated. (Limit 400 words)

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1. How will graduating fellows demonstrate knowledge of the following?
2. Anthropometric (body composition) assessment across the life course
3. Clinical assessment of energy expenditure
4. Energy homeostasis and weight regulation across the life course
5. Etiology, mechanisms, and biology of obesity across the life course
6. Obesity epidemiology
7. Obesity-related comorbidities and corresponding benefits of weight management

Provide examples of how knowledge will be assessed in four of the six areas listed. (Limit 400 words)

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1. How will graduating fellows demonstrate knowledge of the application of the following in obesity treatments?
2. Behavioral and psychological interventions
3. Emerging treatment modalities
4. Nutrition interventions
5. Pharmacologic treatment
6. Physical activity interventions
7. Principles of primary, secondary, and tertiary prevention of obesity
8. Surgical and procedural treatments of obesity

Provide examples of how knowledge will be assessed in four of the seven areas listed. (Limit 400 words)

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**Practice-based Learning and Improvement**

1. How will graduating fellows demonstrate the ability to investigate and evaluate their care of patients, to appraise and assimilate scientific evidence, and to continuously improve patient care based on constant self-evaluation and lifelong learning?

Describe how this will be evaluated. (Limit 300 words)

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1. How will graduating fellows demonstrate competence in the following?
2. Analyzing practice systems using quality improvement methods
3. Educating patients, students, residents, and other health care professionals
4. Evaluating strengths and deficiencies in their knowledge of obesity medicine/bariatric medicine and setting and achieving goals for improvement
5. Using information technology to optimize delivery of care
6. Using resources to locate, interpret, and apply evidence from scientific studies in obesity co-morbidities and treatment

Provide examples of how competence will be assessed in three of the five areas listed. (Limit 300 words)

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**Interpersonal and Communication Skills**

1. How will graduating fellows demonstrate interpersonal and communication skills that result in the effective exchange of information and collaboration with patients, patients’ families, and other health professionals?

Describe how this will be evaluated. (Limit 300 words)

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1. How will graduating fellows demonstrate competence in using non-stigmatizing, non-judgmental, respectful, and empathetic language when communicating with the following individuals?
2. Patients with obesity
3. Professional colleagues and other members of the health care team

Describe how each of the above will be evaluated. (Limit 400 words)

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1. How will graduating fellows demonstrate awareness of different cultural views regarding desired weight and preferred body size when communicating with patients, patients’ families, and other members of the health care team?

Describe how this will be evaluated. (Limit 300 words)

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**Systems-based Practice**

1. How will graduating fellows demonstrate an awareness of and responsiveness to the larger context and system of health care, as well as the ability to call effectively on other resources in the system to provide optimal health care?

Describe how this will be evaluated. (Limit 300 words)

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1. How will graduating fellows demonstrate competence in the following?
2. Advocating for health system and public health policies to improve obesity treatment and prevention
3. Advocating for policies that are respectful and fee of weight bias
4. Applying critical appraisal of scientific articles and research methods in the field of obesity medicine/bariatric medicine
5. Awareness of the costs of obesity intervention and prevention with regards to the individual, the health care system, and the community
6. Using chronic disease treatment and prevention models to enhance obesity intervention and prevention efforts in the clinical, community, and public policy domain
7. Working collaboratively with an interdisciplinary team dedicated to obesity prevention and treatment strategies

Provide examples of how competence will be assessed in four of the six areas listed. (Limit 400 words)

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**Regularly Scheduled Educational Activities**

1. Complete Appendix A., Formal Didactic Sessions by Academic Year, and attach to submission.
2. Will fellows participate in the following?
3. Case discussions [ ] YES [ ] NO
4. Directed readings [ ] YES [ ] NO
5. Journal clubs [ ] YES [ ] NO
6. Lectures [ ] YES [ ] NO
7. Multidisciplinary conferences [ ] YES [ ] NO
8. Research seminars [ ] YES [ ] NO
9. Seminars [ ] YES [ ] NO

Explain any ‘NO’ response(s). (Limit 250 words)

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1. Will didactic sessions include information on the following?
	1. Anthropometric measurements and clinical assessment of energy expenditure

 [ ] YES [ ] NO

* 1. Behavioral and psychological interventions, including concepts related to disordered eating, body image disturbance, and psychological effects of obesity [ ] YES [ ] NO
	2. Emerging obesity treatment modalities [ ] YES [ ] NO
	3. Energy homeostasis and weight regulation across the life course [ ] YES [ ] NO
	4. Etiologies, mechanisms, and biology of obesity across the life course [ ] YES [ ] NO
	5. Nutrition interventions, including general concepts and nutritional interventions

 [ ] YES [ ] NO

* 1. Obesity epidemiology, including incidence, prevalence, and demographic distribution across the life cycle and obesity treatment guidelines [ ] YES [ ] NO
	2. Obesity-related comorbidities [ ] YES [ ] NO
	3. Pharmacological management, including general concepts related to anti-obesity medications and advanced concepts [ ] YES [ ] NO
	4. Physical activity interventions, including general concepts, physical activity interventions, and behavioral interventions [ ] YES [ ] NO
	5. Principles of primary, secondary, and tertiary prevention of obesity [ ] YES [ ] NO
1. Surgical procedures, including general concepts and advanced concepts of post-operative medical, nutritional, and psychological management [ ] YES [ ] NO

Explain any ‘NO’ response(s). (Limit 250 words)

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1. How will the program ensure that fellows are actively involved in planning and implementing conferences, and that faculty members regularly attend and present conferences? (Limit 300 words)

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**Clinical Experiences**

1. How will the program ensure fellows participate in the care of patients with pre-obesity (overweight) and obesity across all life stages with a broad spectrum of disease severity and comorbid conditions? (Limit 300 words)

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1. Will clinical experience include at least 80 hours over the course of the program of experience in nutrition management of patients with obesity and obesity-related conditions? [ ] YES [ ] NO

Explain if ‘NO.’ (Limit 250 words)

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| Click here to enter text. |

If ‘YES,’ will the experience include the following?

1. Management of patients by dietitians [ ] YES [ ] NO
2. Management of nutritional issues in patients with pre-obesity (overweight) and obesity complications and comorbidities [ ] YES [ ] NO

Explain any ‘NO’ response(s). (Limit 250 words)

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1. Will clinical experience include at least 80 hours over the course of the program in bariatric and metabolic surgery? [ ] YES [ ] NO

Explain if ‘NO.’ (Limit 250 words)

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| Click here to enter text. |

If ‘YES,’ will the experience include the following?

1. Evaluating patients pre-operatively [ ] YES [ ] NO
2. Managing patients post-operatively [ ] YES [ ] NO
3. Managing post-operative complications [ ] YES [ ] NO

Explain any ‘NO’ response(s). (Limit 250 words)

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1. Will clinical experience include experience in pediatric obesity medicine/bariatric medicine? [ ] YES [ ] NO

Explain if ‘NO.’ (Limit 250 words)

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If ‘YES,’ will the experience include the following?

1. At least 80 hours over the course of the program for fellows who completed an internal medicine residency [ ] YES [ ] NO
2. At least 240 hours over the course of the program for fellows who completed a family medicine or pediatrics residency [ ] YES [ ] NO
3. Hands-on care and treatment of pediatric and adolescent patients who have pre-obesity (overweight) and obesity [ ] YES [ ] NO

Explain any ‘NO’ response(s). (Limit 250 words)

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1. Will fellows have longitudinal responsibility for providing care to a panel of patients throughout the course of their educational program? [ ] YES [ ] NO

Explain if ‘NO.’ (Limit 250 words)

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| Click here to enter text. |

If ‘YES,’ will the experience include the following?

1. A comprehensive multidisciplinary approach to management of patients who are overweight and obesity? [ ] YES [ ] NO
2. A panel of patients that represent the spectrum of pre-obesity/obesity and obesity-related conditions? [ ] YES [ ] NO
3. Longitudinal care of outpatients and/or patients in a defined weight management program? [ ] YES [ ] NO

Explain any ‘NO’ response(s). (Limit 250 words)

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1. Will clinical experience include at least two weeks over the course of the program in psychology and mental health? [ ] YES [ ] NO

Explain if ‘NO.’ (Limit 250 words)

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If ‘YES,’ will the experience include the following?

1. Psychological management or collaborative management with psychiatrists, psychologists, counselors, or therapists [ ] YES [ ] NO
2. Treatment of mental health conditions related to pre-obesity (overweight), obesity, and obesity complications and comorbidities [ ] YES [ ] NO

Explain any ‘NO’ response(s). (Limit 250 words)

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1. Will clinical experience include at least 40 hours over the course of the program in endoscopic or other minimally invasive bariatric procedures? [ ] YES [ ] NO

Explain if ‘NO.’ (Limit 250 words)

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If ‘YES,’ will the experience include the following?

1. Evaluating patients pre procedure [ ] YES [ ] NO
2. Monitoring patients post procedure [ ] YES [ ] NO

Explain any ‘NO’ response(s). (Limit 250 words)

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1. Will fellows have elective experiences in disciplines related to obesity medicine/bariatric medicine?

 [ ] YES [ ] NO

Explain if ‘NO.’ (Limit 250 words)

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**Scholarly Activity**

**Fellows’ Scholarly Activity**

Describe the planned core curriculum in research. (Limit 300 words)

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* + - 1. Will all fellows participate in a scholarly project under the guidance of the program director or a designated mentor? [ ] YES [ ] NO

Explain if ‘NO.’ (Limit 250 words)

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| Click here to enter text. |

If ‘YES,’ will the experience:

1. include opportunities for scholarly activity in research, quality improvement, education, or advocacy? [ ] YES [ ] NO
2. culminate in presentation, written report, or publication? [ ] YES [ ] NO
3. begin in the first year and continue for the length of the educational program?

 [ ] YES [ ] NO

1. occur during protected time for fellow research? [ ] YES [ ] NO

Explain any ‘NO’ response(s). (Limit 250 words)

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**Appendix A. Formal Didactic Sessions by Academic Year**

For each year of the fellowship, attach (Label: Appendix A.) a list of all scheduled didactic courses (including discussion groups, seminars and conferences, grand rounds, basic science, skills labs, and journal club) at all participating sites to which fellows will rotate, using the format below. If attended by fellows from multiple years, list in each year but provide a full description *only the first time a site is listed*.

Number sessions **consecutively** from the first year through the final year so that the scheduled didactic sessions can be easily referenced throughout the application. **Be brief and use the outline that follows**.

Year in the Program:

Number:                Title:

a) Type of Format (e.g., seminar, conference, discussion groups)

b) Required or elective

c) Brief description (three or four sentences)

d) Frequency, length of session, and total number of sessions

**Example:**

|  |
| --- |
| Y-101. Introduction to Obesity Medicine/Bariatric Medicinea) Seminarb) Required Y-1c) Survey of contemporary methods and styles of obesity medicine/bariatric medicine, including approaches to clinical work with minority populations.d) Weekly, for 8 sessions.02. Departmental Grand Roundsa) Discussion groupsb) Required, Y-1, Y-2, Y-3; Elective Y-4c) Clinical case presentations, sponsored by each departmental division, followed by discussion and review of contemporary state of knowledge. Format includes fellow presentations and discussions with additional faculty discussant.d) Twice monthly, 24 sessions |

If fellow attendance will be monitored, explain how this will be accomplished and how feedback will be given regarding non-attendance. (Limit 250 words)

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